

What to bring to the Recovery Center

- 3 days worth of clothing
- 1 set of pajamas
- 2 pairs of shoes
- 1 pair of slippers/flip flops
- 1 jacket/sweater
- All hygiene items as long as there are no aerosols, loose powders or **any** type of mouthwash. **(All products must be new and unopened in original container)**
- Shorts, skirts or dresses must be appropriate length (appropriate length is mid thigh or longer)
- Tank tops of any sort are not allowed
- All meds need to be in their original container. **(narcotic meds will be confiscated and destroyed by pharmacy)**
- Smoking is not permitted (smoking cessation classes are available)